







INSTRUCTIONS FOR COLECTION OF BUCCAL SWABS

General instructions

- ◆ Use the buccal swabs provided for the laboratory.
- ◆ Collect two swabs from each patient.
- ◆ Record the collection date, patient name, birth date, and storage temperature on the pouch containing the buccal swap.
- ◆ Store up buccal swabs in the original pouch. Do not no use plastic tubes. Bacterial growth in sealed plastic tubes can cause DNA degradation.
- ◆ Keep buccal swaps samples at 25 °C or below.

Buccal Swabbing Instructions

 <p>1</p> <p>For best results, instruct patients to thoroughly rinse their mouths with water prior to swabbing.</p>	 <p>2</p> <p>Carefully remove the swab from its pouch. Note: Do not completely separate the two sides of the pouch.</p>	 <p>3</p> <p>30 seconds</p> <p>Vigorously rub the inside of each cheek and over the gums of the test subject for 30 seconds (1 minute total per swab). Note: Collect one swab at a time, and hold the swab as close to its head as is comfortable for the test subject.</p>
 <p>4</p> <p>1 minute</p> <p>Air dry the swab for 1 minute, then carefully place it back into its original pouch.</p>	 <p>5</p> <p>Repeat steps 2 to 4 using the second buccal swab.</p>	 <p>6</p> <p>Stick the barcode provide in each pouch and put swab samples into the envelope provide for PGT for shipping.</p>

Packaging for Shipment

Place the swabs pouches with the full and complete requisition into the envelope provide. Place the envelope in the FedEx/UPS bag provided with the preprinted label for shipment to Personalized Genetic Testing or print the label are: <http://pgenetic.com/dna-testing-services/send-samples/>